

All Meals are served with
 Assorted Fruit Options
 Assorted Fat-Free or 1% Milk Options
 Reduced price: \$0.30
 Full price: \$2.75

April 2024

BREAKFAST

Amana Academy West Nutrition Department

Monday

Tuesday

Wednesday

Thursday

Friday

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Turkey Link Sausage and Biscuit
 Assorted Pop Tarts
 String Cheese
 Assorted Cereal
 Assorted Fruit
 Assorted Milk

Turkey Breakfast Pizza
 Assorted Cereal
 String Cheese
 Yogurt with Graham Crackers
 100% Apple or Orange juice
 Assorted Fruit
 Assorted Mil

French Toast Sticks
 Assorted Pop Tarts
 Assorted Cereal
 String Cheese
 Assorted Fruit
 Assorted Milk

WG Breakfast Bar
 Assorted Cereal
 String Cheese
 Yogurt with Graham Crackers
 Assorted Fruit
 Assorted Milk

WG Bagel
 Assorted Pop Tarts
 String Cheese
 Assorted Cereal
 Assorted Fruit
 Assorted Milk

Chicken Sausage Biscuit
 Assorted Pop Tarts
 String Cheese
 Assorted Cereal
 Assorted Fruit
 Assorted Milk

Mini Maple Waffle
 Assorted Cereal
 String Cheese
 Yogurt with Graham Crackers
 100% Apple or Orange juice
 Assorted Fruit
 Assorted Milk

Pancakes
 Assorted Pop Tarts
 Assorted Cereal
 String Cheese
 Assorted Fruit
 Assorted Milk

Egg or Egg & Cheese Burrito
 Assorted Cereal
 String Cheese
 Yogurt with Graham Crackers
 100% Apple or Orange juice
 Assorted Fruit
 Assorted Milk

Warm Assorted Muffins
 Assorted Pop Tarts
 String Cheese
 Assorted Cereal
 Assorted Fruit
 Assorted Milk

Biscuit and Turkey Link Sausage
 Assorted Pop Tarts
 String Cheese
 Assorted Cereal
 Assorted Fruit
 Assorted Milk

Pancake on a Stick
 Assorted Cereal
 String Cheese
 Yogurt with Graham Crackers
 100% Apple or Orange juice
 Assorted Fruit
 Assorted Milk

