



AMF - CW Fall Breakfast 4.1 K-12
Breakfast

Amana Academy

Mon	Tue	Wed	Thu	Fri
7/31/2023	8/1/2023	8/2/2023	8/3/2023	8/4/2023
Grain Chocolate Chip Muffin Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Chicken Biscuit	Grain Jumbo Cinnamon Roll with Icing Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Mini Strawberry Cream Cheese Bagels	Grain Pancakes Assorted Cereals Assorted Graham Crackers
Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Jelly	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Grain Assorted Cereals Assorted Graham Crackers	Condiments Syrup
Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Grain Assorted Cereals Assorted Graham Crackers	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese
Fruit Juice Assorted 100% Fruit Juice	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Fruit Juice Assorted 100% Fruit Juice	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit
Milk 1% White Milk Fat Free Chocolate Milk	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice
	Fruit Juice Assorted 100% Fruit Juice		Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk
	Milk 1% White Milk Fat Free Chocolate Milk			



Mon	Tue	Wed	Thu	Fri
8/7/2023	8/8/2023	8/9/2023	8/10/2023	8/11/2023
Grain Cinnamon Toast Crunch Pastry Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Egg and Cheese Biscuit	Breakfast Entrée Cinnamon Monkey Bread	Breakfast Entrée Turkey Sausage Breakfast Pizza	Grain Waffles Assorted Cereals Assorted Graham Crackers
Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Jelly	Grain Assorted Cereals Assorted Graham Crackers	Grain Assorted Cereals Assorted Graham Crackers	Condiments Syrup
Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Grain Assorted Cereals Assorted Graham Crackers	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese
Fruit Juice Assorted 100% Fruit Juice	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit
Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice
	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk
8/14/2023	8/15/2023	8/16/2023	8/17/2023	8/18/2023
Grain Mini Cinnamon Rolls Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Turkey Sausage Biscuit	Grain Pancakes Assorted Cereals Assorted Graham Crackers	Grain Oatmeal Toppings Bar Assorted Cereals Assorted Graham Crackers	Grain French Toast Sticks Assorted Cereals Assorted Graham Crackers
Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Jelly	Meat/Meat Alternate Cheesy Scrambled Eggs Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Syrup
Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Grain Assorted Cereals Assorted Graham Crackers	Condiments Syrup	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese
Fruit Juice Assorted 100% Fruit Juice	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Juice Assorted 100% Fruit Juice	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit
Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice	Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted 100% Fruit Juice
	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk		Milk 1% White Milk Fat Free Chocolate Milk



Mon	Tue	Wed	Thu	Fri
8/21/2023	8/22/2023	8/23/2023	8/24/2023	8/25/2023
Grain Chocolate Chip Muffin Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Chicken Biscuit	Grain Jumbo Cinnamon Roll with Icing Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Mini Strawberry Cream Cheese Bagels	Grain Pancakes Assorted Cereals Assorted Graham Crackers
Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Jelly	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Grain Assorted Cereals Assorted Graham Crackers	Condiments Syrup
Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Grain Assorted Cereals Assorted Graham Crackers	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese
Fruit Juice Assorted 100% Fruit Juice	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Fruit Juice Assorted 100% Fruit Juice	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit
Milk 1% White Milk Fat Free Chocolate Milk	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice
	Fruit Juice Assorted 100% Fruit Juice		Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk
	Milk 1% White Milk Fat Free Chocolate Milk			



Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Grain Cinnamon Toast Crunch Pastry Assorted Cereals Assorted Graham Crackers	Breakfast Entrée Egg and Cheese Biscuit	Breakfast Entrée Cinnamon Monkey Bread	Breakfast Entrée Turkey Sausage Breakfast Pizza	Grain Waffles Assorted Cereals Assorted Graham Crackers
Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Condiments Jelly	Grain Assorted Cereals Assorted Graham Crackers	Grain Assorted Cereals Assorted Graham Crackers	Condiments Syrup
Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Grain Assorted Cereals Assorted Graham Crackers	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese
Fruit Juice Assorted 100% Fruit Juice	Meat/Meat Alternate Assorted Yogurts Mozzarella String Cheese	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit
Milk 1% White Milk Fat Free Chocolate Milk	Fruit Juice Assorted Fresh or Frozen Fruit Assorted Canned or Dried Fruit	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice	Fruit Juice Assorted 100% Fruit Juice
	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk	Milk 1% White Milk Fat Free Chocolate Milk

FILTERS

Name(s)	Value(s)
Date Range	(Start = 7/30/2023, End = 9/2/2023)
Menu Plan	(AMF - CW Fall Breakfast 4.1 K-12)