



MON	TUE	WED	THU	FRI
			1 Cereal & String Cheese, Fresh Melon (V)	2 Soft-Baked Nutrigrain Bar & String Cheese, Fruit Cup (V)
5 Bagel, Apple (V)	6 Cereal & String Cheese, Orange Wedges (V)	7 Blueberry Muffin, Apple (V)	8 Cereal & String Cheese, Fresh Melon (V)	9 Soft-Baked Nutrigrain Bar & String Cheese, Fruit Cup (V)
12 Indigenous Peoples' Day Bagel, Apple (V)	13 Cereal & String Cheese, Orange Wedges (V)	14 Blueberry Muffin, Apple (V)	15 Cereal & String Cheese, Fresh Melon (V)	16 Soft-Baked Nutrigrain Bar & String Cheese, Fruit Cup (V)
19 Bagel, Apple (V)	20 Cereal & String Cheese, Orange Wedges (V)	21 Blueberry Muffin, Apple (V)	22 Cereal & String Cheese, Fresh Melon (V)	23 Soft-Baked Nutrigrain Bar & String Cheese, Fruit Cup (V)
26 Bagel, Apple (V)	27 Cereal & String Cheese, Orange Wedges (V)	28 Blueberry Muffin, Apple (V)	29 Cereal & String Cheese, Fresh Melon (V)	30 Soft-Baked Nutrigrain Bar & String Cheese, Fruit Cup (V)



Ordo
Lunch Menu

Amana Academy West Atlanta



MON	TUE	WED	THU	FRI
			1 Creamy Cheddar Mac , Cucumber Coins, Applesauce (V)	2 Cheese Pizza Calzone , Baby Carrots, Fresh Melon (V)
5 Cheeseburger , Roasted Potato Wedges, Applesauce (Halal) Housemade Black Bean Burger , Roasted Potato Wedges, Applesauce (VGN)	6 Pulled Chicken Taco , Black Bean & Corn Salad, Banana (Halal) Bean & Cheese Quesadilla , Black Bean & Corn Salad, Banana (V)	7 BBQ Pulled Chicken Sando , Steamed Broccoli, Orange Wedges (Halal, DF) Creamy Cheddar Mac , Steamed Broccoli, Orange Wedges (V)	8 Baked French Toast & Scrambled Eggs , Cucumber Coins, Applesauce (V)	9 Cheese Pizza Calzone , Baby Carrots, Fresh Melon (V)
12 Indigenous Peoples' Day Grilled Cheese Sando , Baked Beans, Applesauce (V)	13 Honey Teriyaki Chicken & Veggie Fried Rice , Fresh Corn, Banana (Halal, DF) Scrambled Eggs & Veggie Fried Rice , Fresh Corn, Banana (V)	14 Italian Meat Sauce & Penne Pasta , Steamed Broccoli, Orange Wedges (Halal, DF) Baked Ziti , Steamed Broccoli, Orange Wedges (V)	15 Dinner Roll & Grilled BBQ Chicken , Steamed Green Beans, Applesauce (Halal) Creamy Cheddar Mac , Steamed Green Beans, Applesauce (V)	16 Cheese Pizza Calzone , Baby Carrots, Fresh Melon (V)
19 Cheeseburger , Roasted Potato Wedges, Applesauce (Halal) Housemade Black Bean Burger , Roasted Potato Wedges, Applesauce (VGN)	20 Beef Soft Taco (DF) , Black Bean & Corn Salad, Banana (Halal) Bean & Cheese Quesadilla , Black Bean & Corn Salad, Banana (V)	21 Creamy Cheddar Mac , Steamed Broccoli, Orange Wedges (V)	22 Scrambled Eggs & Scratch-Made Pancakes , Cucumber Coins, Applesauce (V)	23 Cheese Pizza Calzone , Baby Carrots, Fresh Melon (V)
26 Grilled Cheese Sando , Baked Beans, Applesauce (V)	27 Honey Teriyaki Chicken & Veggie Fried Rice , Fresh Corn, Banana (Halal, DF) Scrambled Eggs & Veggie Fried Rice , Fresh Corn, Banana (V)	28 Italian Meat Sauce & Penne Pasta , Steamed Broccoli, Orange Wedges (Halal, DF) Baked Ziti , Steamed Broccoli, Orange Wedges (V)	29 Creamy Cheddar Mac , Cucumber Coins, Applesauce (V)	30 Cheese Pizza Calzone , Baby Carrots, Fresh Melon (V)