

Amana Halal Menu — Lunch Menu

FOUR-WEEK ROTATING MENU • ALL MEATS HALAL

WEEK ONE

DAY	MAIN	VEGETABLE	FRUIT	MILK
Monday	1 Cheeseburger (Halal Beef)	Potato Wedges	Applesauce	2 daily 8oz milk options
	2 Black Bean Burger	Potato Wedges	Applesauce	
Tuesday	1 Beef Soft Taco (Halal Beef)	Black Bean Salad	Banana	2 daily 8oz milk options
	2 Bean & Cheese Quesadilla	Black Bean Salad	Banana	
Wednesday	1 Creamy Cheddar Mac	Steamed Broccoli	Oranges	2 daily 8oz milk options
Thursday	1 Cinnamon Pancakes & Scrambled Eggs	Cucumber Coins	Applesauce	2 daily 8oz milk options
Friday	1 Cheese Pizza Calzone	Carrots & Ranch	Fresh Melon	2 daily 8oz milk options

WEEK TWO

DAY	MAIN	VEGETABLE	FRUIT	MILK
Monday	1 Grilled Cheese Sando	Baked Beans	Applesauce	2 daily 8oz milk options
Tuesday	1 Teriyaki Chicken (Halal Chicken) & Veggie Fried Rice	Corn	Banana	2 daily 8oz milk options
	2 Scrambled Eggs & Veggie Fried Rice	Corn	Banana	
Wednesday	1 Meat Sauce (Halal Beef) over Penne	Steamed Broccoli	Oranges	2 daily 8oz milk options
	2 Baked Ziti	Steamed Broccoli	Oranges	
Thursday	1 Creamy Cheddar Mac	Cucumber Coins	Applesauce	2 daily 8oz milk options
Friday	1 Cheese Pizza Calzone	Carrots & Ranch	Fresh Melon	2 daily 8oz milk options

WEEK THREE

DAY	MAIN	VEGETABLE	FRUIT	MILK
Monday	1 Cheeseburger (Halal Beef)	Potato Wedges	Applesauce	2 daily 8oz milk options
	2 Black Bean Burger	Potato Wedges	Applesauce	
Tuesday	1 Pulled Chicken Taco (Halal Chicken)	Black Bean Salad	Banana	2 daily 8oz milk options
	2 Bean & Cheese Quesadilla	Black Bean Salad	Banana	
Wednesday	1 BBQ Pulled Chicken Sando (Halal Chicken)	Steamed Broccoli	Oranges	2 daily 8oz milk options
	2 Creamy Cheddar Mac	Steamed Broccoli	Oranges	
Thursday	1 Baked French Toast Slices & Scrambled Eggs	Cucumber Coins	Applesauce	2 daily 8oz milk options
Friday	1 Cheese Pizza Calzone	Carrots & Ranch	Fresh Melon	2 daily 8oz milk options

WEEK FOUR

DAY	MAIN	VEGETABLE	FRUIT	MILK
Monday	1 Grilled Cheese Sando	Baked Beans	Applesauce	2 daily 8oz milk options
Tuesday	1 Teriyaki Chicken (Halal Chicken) & Veggie Fried Rice	Steamed Green Beans	Banana	2 daily 8oz milk options
	2 Scrambled Eggs & Veggie Fried Rice	Steamed Green Beans	Banana	
Wednesday	1 Meat Sauce (Halal Beef) over Penne	Steamed Broccoli	Oranges	2 daily 8oz milk options
	2 Baked Ziti	Steamed Broccoli	Oranges	
Thursday	1 Grilled BBQ Chicken (Halal Chicken) & Whole Grain Roll	Corn	Applesauce	2 daily 8oz milk options
	2 Creamy Cheddar Mac	Corn	Applesauce	
Friday	1 Cheese Pizza Calzone	Carrots & Ranch	Fresh Melon	2 daily 8oz milk options

All meats are Halal. • All meals served with choice of milk. • Menu subject to change based on availability.