

MARCH LUNCH VEGETARIANS



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Veggie Burgers (LS) Whole Wheat Bun Baked Beans Gala Apples (DAR) Milk	Tofu Spaghetti Whole Wheat Spaghetti w/ Tomato Sauce Cauliflower Banana (DAR) Milk	Jerk Tofu Yellow Rice Roasted Corn Salad Apple Sauce (DAR) Milk	Buffalo Veggies Brown Rice w/ Pita Bread Broccoli Peach Cups (DAR) Milk	Veggie Tofu Dogs (LS) Whole Wheat Bun Oven Fried Sweet Potato Fries Bosc Pears (DAR) Milk
10	11	12	13	14
Meatless Nuggets & Waffles Whole Grain Waffles Honey Roasted Carrots Tropical Fruit Cups (DAR) Milk	BBQ Tofu Wheat Rolls Broccoli Banana (DAR) Milk	Veggie Nachos Whole Grain Tortilla Chips Black Beans Orange Slice Snack Packs (DAR) Milk	Garden Sandwich Whole Wheat Bun Honey Roasted Brussel Sprouts Mixed Fruit Cups (DAR) Milk	Cheese Pizza Whole Wheat Flatbread Oven Fried French Fries Grape Snack Packs (DAR) Milk
17	18	19	20	21
Veggie Burgers (LS) Whole Wheat Bun Green Beans Bosc Pears (DAR) Milk	Lemon Pepper Tofu Yellow Rice Pinto Beans Apple Sauce (DAR) Milk	Bean & Cheese Burrito Whole Grain Wraps Mexican Street Corn Banana (DAR) Milk	BBQ Veggies Brown Rice w/ Pita Bread Broccoli Peach Cups (DAR) Milk	Veggie Tofu Dogs (LS) Whole Wheat Bun Oven Fried Sweet Potato Fries Pineapple Snack Packs (DAR) Milk
24	25	26	27	28
Garden Sandwich Whole Wheat Bun Roasted Green Beans Fruit Salad Cups (DAR) Milk	Bean & Cheese Burrito Whole Grain Wraps Roasted Sweet Corn Banana (DAR) Milk	Meatless Nuggets & Waffles Whole Grain Waffles Broccoli Grape Snack Packs (DAR) Milk	Jerk Tofu Yellow Rice Kidney Beans Mixed Fruit Cups (DAR) Milk	Cheese Pizza Whole Wheat Flatbread Oven Fried French Fries Cantaloupe Snack Packs (DAR) Milk

MENU NOTIFICATIONS

(VEG)- Vegetarian Meal
(DAR)- Dairy used in Meal
(LS) – Locally Sourced Options
(W/W) – Whole Wheat
NUTS – Nuts are never served. We serve Soy or Sunflower butter as a peanut butter substitute
PORK – Pork is never served

Substitutions – Due to the Covid-19 pandemic, the entire country is experiencing consistent supply chain shortages. The food supply chain is no exception. We reserve the right to make menu or supply item substitutions whenever necessary without prior